

Bridging the Gaps

Community Health Internship Project: Youth Enrichment Apprenticeship

BTG Interns:

Sarah Nackman – School of Public Health

Rose Sabatino – School of Health and Rehabilitation Sciences

Site Mentor: Dr. Deanna Sinex

Academic Mentor: Dr. Betty Braxter

BTG Mentor(s): Dr. Thistle Elias and Brandi Boak



University of
Pittsburgh

School of Public Health

The Youth Enrichment Services (YES)

- Founded in 1994
- Located in East Liberty
 - Students come from many different Pittsburgh communities
- Serves socially and economically at-risk youth
 - Fostering self-efficacy
 - Providing resources for professional and personal development
- Seeks to help students achieve success through mentorship, education, and enrichment programs.



The Youth Enrichment Services (YES)

Our Population

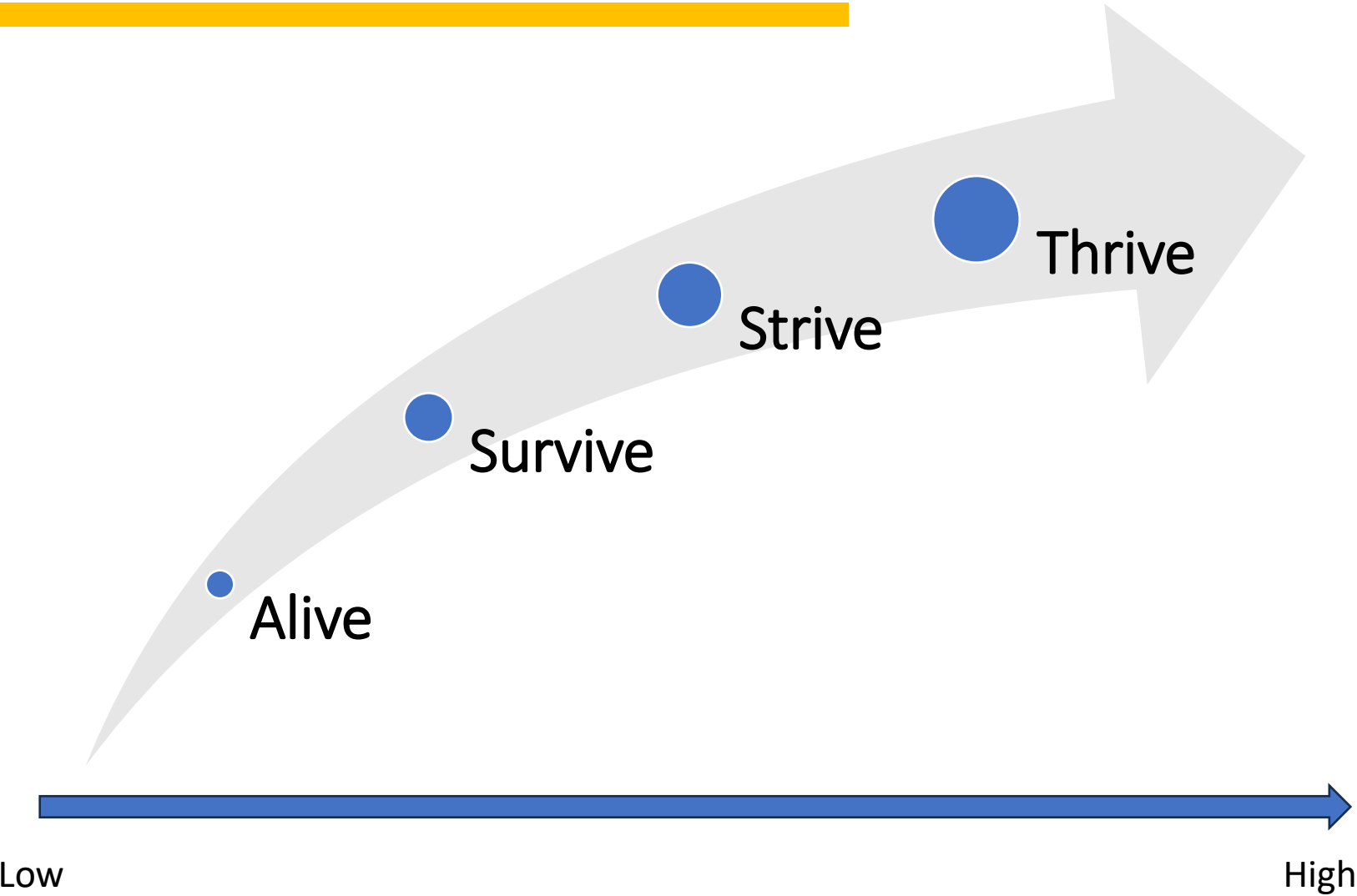
- Summer Scholars
 - 14-15 years old, incoming high school freshmen

Summer Learn and Earn program structure

- Work experience
- Socio-cultural experience and development
- Academic preparation



Student Motivation Model



Project Description

- Design and implement TWO apprenticeship programs for the YES summer scholars
- Apprenticeships...
 - **Introduce** and foster necessary work and life skills
 - **Require** students to complete a final project that is showcased at the end-of-summer symposium
 - **Support** academic and career preparation goals
 - **Build** aspirational capital amongst students

Secondary Project Description

- Concise, one-page document that summarizes proposed ideas for YES and potential contacts for Stop the Bleed training
- YES has undergone internal restructuring within the past few years and could use support with...
 - Emergency contact and response protocol and hierarchy
 - Preparedness training for emergency situations
 - CPR/First-Aid training
 - Clinical staffing

Pittsburgh Palate Apprenticeship Course

- Throughout this course the students...
 - Discovered the different cultures present within Pittsburgh
 - Investigated their own familial culture and how it left an imprint on their life
- Skills Developed:
 - Website creation, blog writing, cultural humility, public speaking, conversation skills
- Final Project:
 - Each student will choose a recipe of choice that represents their culture and make it at the Community Engagement Center in Homewood



Beyond the Beat: Resilience in Artistry

Discover music and the industry from multiple perspectives!

Skills developed include...

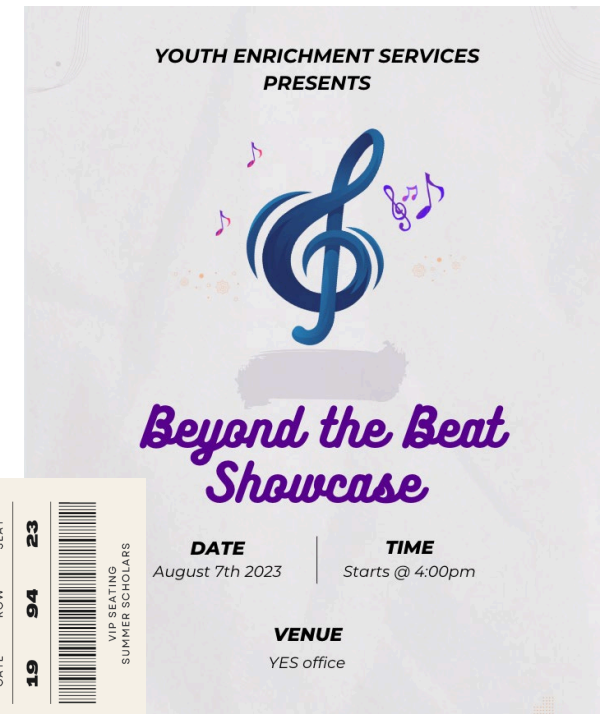
- Self-regulation, GarageBand, Self-Branding and Marketing, Event Planning and Management, Budgeting

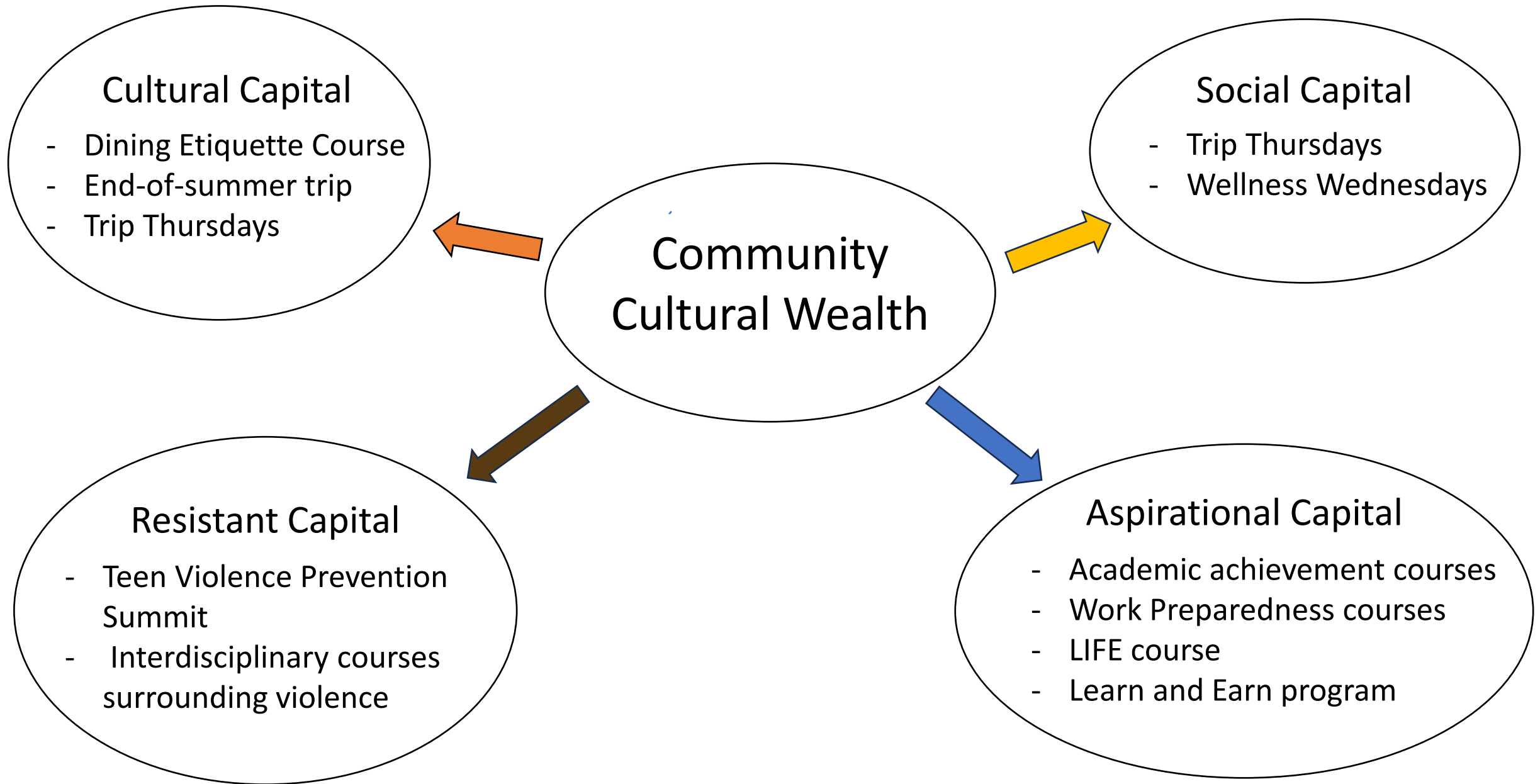
Activities:

- Songwriting, Composition, Recording Studio Visit, Photoshoot

Final Project:

- Artist showcase event to





Project Evaluation

Evaluation for quality and utility:

- Ease of implementation by other instructors
- Student feedback
- Completion rate of final project
- Implementation of recommendation and guidelines

To improve on YES:

- Introducing the apprenticeship course earlier on
- Emphasizing that the roles of the summer scholars in these apprenticeships are employees, not students
 - Explicitly stating that it is a type of work experience, not an academic course
- Highlight disciplinary expectations of interns

Summary Results

Apprenticeship deliverables are to be completed by the end of the course

- Not all courses will be completed before the 28th of July
- There has been a 100% completion rate for the courses that have concluded

The YES administration has received the resource guide and can use it for their emergency and first aid response as they see fit.

Summary

Working with YES was an enriching experience that involved...

- **Mentoring** the summer scholar's cohort
- **Helping** facilitate supplementary courses such as YPAR, a research course
- **Attending** and assisting the 2023 Teen Violence Prevention Summit
- **Building** rapport with students and supporting their passions
- **Adapting** content and delivery of courses and instruction to accommodate the needs and interests of the students



Reflection 1

“ I am privileged to have had the opportunity to work with YES and discover first-hand what they do for the Pittsburgh youth. I have come out of this internship with a wealth of knowledge that I hope to apply not only in my career but also in life. I am beyond thankful for my mentors, peers, and YES students that taught me countless lessons that will follow me long into the future. ”

- Rose Sabatino

Reflection 2



I am humbled and privileged to have had this opportunity to listen and learn from the voices of our future. Even in the face of adversity, I witnessed the resolve and tenacity of the students who aspire to get that 'YES'. I will forever value the commitment and resiliency of YES and the Pittsburgh community.



-Sarah Nackman

Thank you to...

our community mentor Dr. Sinex

our faculty mentor Dr. Braxter

our bridging the gaps family; Dr. Elias, Brandi, and Sheila

And all the Youth Enrichment Services staff

... for the continued support of our endeavors

