Bridging the Gaps Community Health Internship (BTG CHIP)

2022 Syllabus

Student Materials on the BTG website: <u>www.bridgingthegaps.info</u> > top of page STUDENT LOGIN > Password: btgchip > 2022 SYLLABUS / ASSIGNMENT DETAILS / RESOURCES

Program Directors

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BTG Mission

Bridging the Gaps links the provision of health-related service for under-resourced populations with the interprofessional training of health and social service professionals.

Welcome from Lucy Wolf Tuton, PhD, BTG Executive Director

Welcome to the 32nd year of the Bridging the Gaps Community Health Internship Program (BTGCHIP). The world is still reeling from the COVID19 pandemic, with 15 million people (May 2022) having lost their lives to the disease. In addition to COVID, the ongoing gun violence, racism, political unrest, war, and poverty have laid bare the social inequities and injustices that Bridging the Gaps has addressed since its beginning and that continue to galvanize our work.

Each of us comes to these challenges with our own stories and perspectives. What we ask of you this summer is to take this opportunity to listen to the voices of others, to reflect on your own perspective and how it shapes your approach to the world around you and, given this, to consider what your contribution to the world can be and how it will fit into your professional role and your personal life.

BTGCHIP is built on a rich collaboration of dedicated individuals and organizations. This summer you will be introduced to extraordinary people who will offer you an opportunity to broaden your perspective about what constitutes health, quality of life and well-being, thus strengthening your ability to advocate for your future patients/clients. Our greatest hope is that BTG provides you with the knowledge and skills to collaborate with others to work towards social justice and equity as you move forward in your careers.

We look forward to working with you, as you build on the work of the 5958 BTG Alumni who have preceded you, providing health related service for one of the 606 community organizations with whom we have partnered.

1. **RECORDED SESSIONS:**

MUST BE VIEWED PRIOR TO JUNE 22

- BTG Program Evaluation *Ellen Martinak, MS, Bridging the Gaps* <u>https://upenn.zoom.us/rec/share/-NmiU-</u> <u>zIQ7R6kDkiD1i17k_G9fbKwHd19DhOki1yCkqNpLz5WuNvoCamj-mj75W0.WZruvyf7at9XoXSP</u> Access Passcode: 0E9dD@8b
- Introduction to Oral Health in the Bridging the Gaps Program, Joan I. Gluch, PhD, RDH, PHDHP https://upenn.zoom.us/rec/share/Jnzo5qhiW7LluwnrBNa2XT_YM61wzu1EYM3odGV3TZ7ukd6U yrFn5X1n7BoOqiLb.8ed7jOUSIRaeOTJP?startTime=1654196413000 Passcode: ?@bD626w
- Introduction to Health Literacy Tenets, Mary Ellen T. Miller PhD, RN, APHN-BC, DeSales University https://upenn.zoom.us/rec/share/r0wHtt8BHoV5Un7wROeLemiNP6YquNKjq80JHr2mxjlCVizKczUNtFSQ923gof.gCuN1tO8UMb2ybYQ?startTime=1654627035000 Passcode: BD4+MiSU
- Cessation/ Cardiovascular Disease and COVID, Ryan Coffman, MPH, CHES, CTTS-M, Tobacco Policy and Control Program Manager, Philadelphia Department of Public Health https://upenn.zoom.us/rec/share/08mdXedck7mBujOeeDNZ3B4r8HimIZMSMIen0cYUkw881qGOPkcaIbhTisicF1B.m4RHtT1H7Q_hArQb?startTime=1654780044000 Passcode: @8g71sYz

SEE ASSIGNMENTS DETAILS FOR #2-9 at Student Materials on the BTG website: <u>www.bridgingthegaps.info</u> > top of page STUDENT LOGIN > Password: btgchip > ASSIGNMENT DETAILS

2. UNDERSTANDING COMMUNITY SERVICES:

Goal: To develop a better understanding of the community site in the context of the social determinants of health.

3. **STORYTELLING PROJECT**: Due July 18th submit to student coordinators Goal: For students to hear the perspective of the community from someone in the community.

4. **CARDIOVASCULAR DISEASE/SMOKING CESSATION/ ORAL HEALTH:** Due July 18th submit to student coordinators

Goal: For Students to incorporate into their projects when appropriate.

5. SOCIAL MEDIA:

If your site is hosting an event, awareness campaign, resources, etc. tag @btgupdates so we can share the post or email Bridget McCormick (<u>bmccor@pennmedicine.upenn.edu</u>)

6. WEEKLY JOURNALS/ FINAL PAPER

- 7. **TEAM EXPERIENCE SUMMARY/ SYMPOSIUM:** Professional Presentation Materials (see Symposium section in student login, details TBA)
- 8. **CENTRAL TEXT**: *The Sum of Us* by Heather McGhee your Program Director will provide you with an ebook.

9. **EVALUATIONS AND QUESTIONNAIRES**:

Small Group:

Lead by a skilled facilitator Small Groups will focus on what students are learning through their community-based work as well as from all other components of the program: BTG presentations, the students' growing understanding of their community site, the storytelling project, articles, discussions, etc. Small Groups take place weekly during the Wednesday Curricular Sessions.

Group Number	Small Group Facilitators	email
Group 1	Tariem Burroughs	tab54@drexel.edu
Group 2	Anthony Singleton	asingleton@educators4education.org
Group 3	Nikki Thomas	nicoleat@pennmedicine.upenn.edu
Group 4	Elissa Goldberg	ejg32@drexel.edu
Group 5	Susan Brotherton	susan.a.brotherton@gmail.com
Group 6	Sara Solomon	sarasol@upenn.edu
Group 7	Rayn Philips	rphillips@gaudenzia.org
Group 8	Crystal Wortham	crystal@upliftphilly.org
Group 9	Pat Dooley	Patrick.Dooley@pennmedicine.upenn.edu
Group 10	Darcie Rudolf	darcier@upliftphilly.org
Group 11	Teresa Mendez-Quigley	Teresa@upliftphilly.org
Alternate	Laura Mullin	lam479@drexel.edu

Course Schedule: weekly zoom links will be sent by your Program Director

JUNE 15th BTG ORIENTATION:

Morning Session:

8:30 -9:00AM WELCOME/ INTRODUCTION Lucy Wolf Tuton, PhD., BTG Executive Director 9:00 -9:15 AM Edward Naugle, PhD, Director, Pennsylvania Primary Care Office Pennsylvania Department of Health

9:15 – 10:15AM Strength-based Community, Community Panel moderated by Nicole Thomas, MBA

10:15-10:30AM BREAK

10:30- 11:00AM PM Cardiovascular Health from a Community Perspective, Nicole Thomas, MBA

11:00-11:45AM Narrative Medicine/Storytelling Mara Gordon

11:45-12:00PM Mandated Reporting Maria Hervada-Page, MSW, Thomas Jefferson University

12:00 – 12:30PM Component Program meeting (see Program Director for details)

12:30 – 1:45PM LUNCH / STRETCH / Review the BTG 2022 Core Curriculum Syllabus and Recorded Sessions on BTG website -student materials

Afternoon Session:

1:45 – 2:00PM Introduction to Small Groups, Kevin Carter

2:00-2:15PM Small Group Introduction

2:15-5:00PM Building Community with The Full Human in Mind *Michael O'Bryan, Humanature* (Includes breakout sessions with small groups)

Objectives:

1) Define key terms and frameworks: biopsychosocial-spiritual development, social capital, implicit bias, explicit bias, heuristics, mental models, de-biasing, and informed intuition

2) Identify experiences where bias might be impacting perception of individual and group histories, potential, performance, and needs

3) Generate simple personal interventions to challenge potentially biased perspectives and outcomes

JUNE 22nd

Morning Session:

8:30-8:45AM Updates/Announcements (Student Coordinators Introduction)

8:45- 9:45 "I Ain't Woke, I Just Can't Sleep: Working through Racism", *Kevin Ahmaad Jenkins, Ph.D., Center for Health Equity Research and Promotion (CHERP)*

Objectives:

(1) defines the social and medical presence of racism and

(2) confronts how to engineer social justice in healthcare while embracing self-care.

9:45- 10:00 break

10:00- 10:15AM Introduction to One-Health, One-Welfare Concepts, Brittany Watson, MS/VMD/PhD/DACVPM, University of Pennsylvania School of Veterinary Medicine

10:15-10:25 Lynette Medley MEd, Founder/CEO, No More Secrets: Mind Body Spirit, Inc.

10:25-10:55 TBD

10:55 – 1100 AM Break

11:00-12:00 Small Group

12:00-1:00 Lunch

1:00-1:30AM Health Literacy Tenets, Mary Ellen T. Miller PhD, RN, APHN-BC, DeSales University

Learning Outcomes: Student to watch recorded session prior

After this on-line sessions, participants will be able to:

- 1. Describe health literacy and its' impact on health outcomes
- 2. State methods individuals use to conceal their literacy status

3. Assess written health information for literacy level appropriateness

1:30 – 2:00PM Tobacco Free Policy and Smoking Cessation Ryan Coffman, MPH, CHES, CTTS-M Tobacco Policy and Control Program Manager, Philadelphia Department of Public Health

2:00-2:15PM break

2:15- 3:15 Design for the Mouse to Save the Lion: Why Health Equity Practices Matter *Evan Thornburgh, Health Equity Special Advisor, Philadelphia Department of Public Health Objectives*

- Learn about AACO's work in embedding health equity best practices into place at a systemic level

- Understand why health equity design must be foundational to programs, procedures, and data

What issues are created when systemic equity and disparities are not considered

JUNE 29th

Morning Session:

8:30-8:45AM Updates/Announcements

8:45- 9:45AM "EIHCTRSDUE: A practical approach to navigating the ethical, legal, and racial dilemmas in child abuse reporting" *Mario Cruz, MD, Medical Director for Pediatrics at Philadelphia FIGHT Community Health Centers and Clinical Associate Professor of Pediatrics, Drexel University College of Medicine*

Objectives:

1. List two changes in the Pennsylvania Child Protective Services Law that resulted in an increased number of child abuse reports

2. Provide one example of how erroneous child abuse reporting might have an adverse impact on a family.

3. Provide one example of a strategy that mandated reporters can use to minimize their risk of making a biased or erroneous child abuse report

9:45-10:00 Break

10:00- 11:00 Exploring Microaggressions Nicole Washington, MD

11:00-12:00 Small Groups

Afternoon Session:

COMPONENT PROGRAM– See your Program Director for details on your school's afternoon component schedule

JULY 6th

8:30-8:45AM Updates/Announcements

8:45- 10:45AM Screening of The Road to Justice followed by a conversation with Executive Producer, *Andre' Robert Lee*

10:45 – 11:00AM Break

11:00-12:00 Small Groups

Afternoon Session:

COMPONENT PROGRAM– See your Program Director for details on your school's afternoon component schedule

JULY 13th

8:30-8:45AM Updates/Announcements

8:45- 10:45AM The Power of Resilience-based, Trauma-Sensitive, Strength Focused Communication in Working with Youth, *Kenneth Ginsburg, MD, MS Ed*

Objectives

1. The participant will have a grasp on the behavioral change process and how a strengthbased approach combats the demoralization that can paralyze behavioral change progress.

2. The participant will be better prepared to eliminate shame from interactions by focusing on building confidence in youth. They will understand that confidence has to be rooted in existing competencies.

3. The participant will understand how to communicate with youth in a way that builds on their existing strengths rather than undermines their forward movement. This objective focuses on shifting away from approaching youth with lectures and giving control back to people from whom it has been taken away.

4. The participant will be prepared to communicate with youth in a way that restores control to their decision-making processes.

10:45 – 11:00AM Break

11:00 – 12:00PM Small Groups

Afternoon Session:

COMPONENT PROGRAM– See your Program Director for details on your school's afternoon component schedule

July 20th

8:30-8:45AM Updates/Announcements

8:45- 9:45AM Contagions at the Crossroads: At the intersection of COVID and gun violence, *Scott P. Charles, MAPP*

9:45-10:00AM break

10:00 – 11:00 A Progressive View of Harm Reduction: Harm Reduction in HIV/AIDS, The **Overdose Epidemic and The Hospital and Clinic**, *Brian Work*, *MD MPH*

11:00 – 12:00PM Small Groups

Afternoon Session:

COMPONENT PROGRAM– See your Program Director for details on your school's afternoon component schedule

JULY 21st

Evening Session: with Alumni

5:30-7:00PM BTG: Beyond the Summer, BTG Alumni Network Members

This evening session will provide a mentorship opportunity for current students with BTG Alumni around career, life and how programs like BTG fit into career beyond the BTG summer.

JULY 27th

Morning Session:

8:30-8:45AM Updates/Announcements

8:45-9:45AM Human Rights TBD

9:45 – 10:00AM Break

10:00- 10:40 Taking BTG into your Career, Kevin Carter

10:40-11:00AM Storytelling preview, BTG 2022 Student Coordinators

11:00-12:00PM Small Groups

Afternoon Session:

COMPONENT PROGRAM– See your Program Director for details on your school's afternoon component schedule

<u>Complete and Submit</u>: Final BTG Evaluations and Questionnaires / Team Experience Summaries / Poster Presentation / Final Paper

FALL 2022: BTG 32nd Symposium October 21, 2022, 9-11AM Keynote: Heather McGhee

Students will present their BTG projects in a professional format, details TBD

Expectations

Taken from the BTG Student Agreement 2022:

Bridging the Gaps is both a professional development experience and a job. Therefore, we expect that students will handle their commitment to the program professionally, including completing all of the requirements stated herein and treating people with respect and dignity. If a student does not fulfill these expectations, we will notify the student's school through a letter to the appropriate Dean. Unprofessional behavior reflects not only on the individual, but on the institution and the profession.