



St. Christopher's
Hospital for Children
A PARTNERSHIP OF TOWER HEALTH
AND DREXEL UNIVERSITY

Children's Health Watch

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COMMUNITY PARTNER

St. Christopher's Hospital for Children is a leader in pediatric care since 1875 with nationally recognized programs and pediatric specialist who provide exceptional care to the community surrounding the greater Philadelphia area. The mission of St. Christopher's Hospital for Children is to provide quality services in a caring, progressive environment. St. Christopher's Hospital is committed to quality through teamwork, technology, and service in a child friendly, family-oriented environment.

<https://towerhealth.org/locations/st-christophers-hospital-children>

BACKGROUND/CONTEXT

Children's Health Watch is a multi-site study that assesses how public policies and economic insecurity affect the health and development of very young children. The goal of the surveys is to help policy makers and the public better understand the social and economic factors that affect children's health so they can make well-informed policy decisions that give all children equal opportunities for healthy, successful lives.

TEAM'S EXPERIENCE

Performed surveys in English and Spanish examining child health, food insecurity, housing stability, energy security, and childcare. In addition to the surveys, helped distribute lunches through the Summer Meal Program that is designed to serve meals for children and teenagers at St. Christopher's Hospital for Children. Also helped disseminate Oral Health kits with toothbrushes, toothpaste, floss, and disclosing tablets to parents.

ACCOMPLISHMENTS/ JOYS

- Performed 81 surveys
- Distributed 400 meals
- Disseminated 100 oral health kits to parents and children
- Navigated sensitive conversations and provided an active listening ear to parents

REFLECTION

My time this summer has been filled with learning and service. As a Children's Health Watch (CHW) intern, I intimately discussed with families the impact that health inequities have on their livelihood. The insight I gained from conducting the surveys and learning about the resources available to help families in need will help me in my professional career to be an informed provider and better patient advocate. Interning with CHW not only focused on data collection however, but also on health inequity alleviation through the use of grocery store gift cards and meal distribution.