



# Delivering Joy Through Summer Fun

Rachel Leone, OMSII

LECOM Nursing & Rehabilitation



## LECOM Nursing and Rehabilitation

**Academic Preceptor: Colleen Cole-Jeffrey, PhD**  
**Community Site Preceptor: Jeffrey Glass, RN**

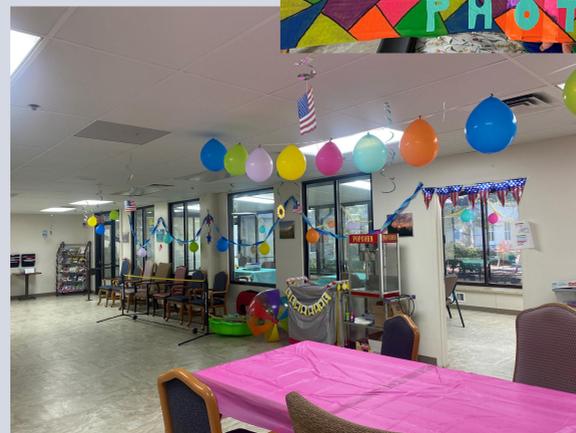
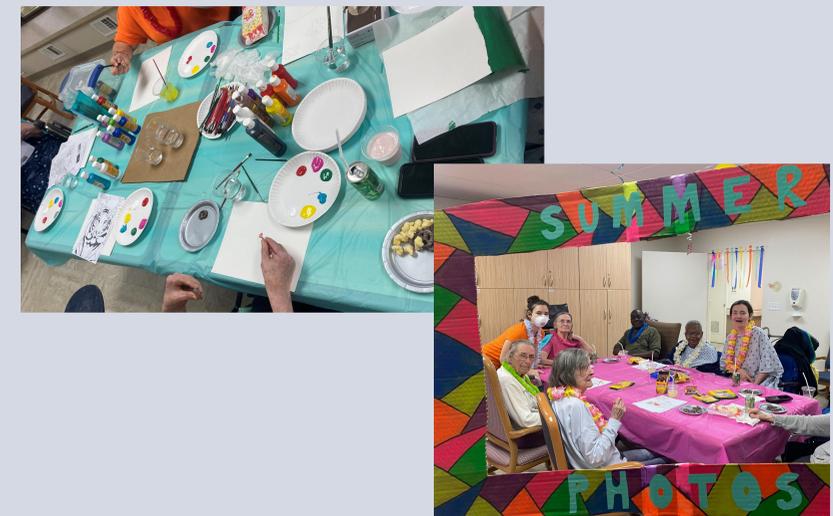
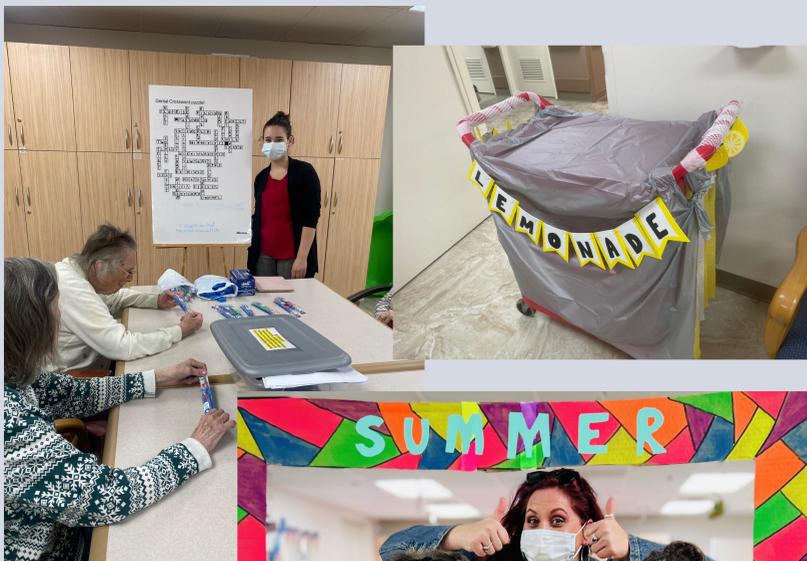
LECOM Nursing & Rehabilitation is a skilled nursing facility providing primarily long-term care for geriatric residents, but also providing care for acute rehabilitation patients as well. LECOM Nursing & Rehabilitation aims to allow the resident to feel comfortable, safe, and cared for. LECOM Nursing & Rehabilitation focuses on the individual needs of each resident, allowing for excellent personalized care.

## BTG Focus Areas

Chronic Disease (Diabetes, Kidney Disease, Respiratory Diseases, etc.), Elder Health and Senior Quality of Life, Mental Health, Oral Health, Physical Activity and Fitness

## Site Activities

- Delivered mail, word puzzles, and newspapers to the residents
- Hosted card games, bingo, arts and crafts, and other activities for the residents
- Helped transport the residents through the hallways or to/from therapy appointments
- Planned and hosted a summer party for the residents to enjoy



## Project Summary

The Bridging the Gaps student intern worked with the facility's activity department and assisted in hosting games and social events for the residents throughout the weekdays. In order to advocate for dental hygiene, the student intern hosted an educational crossword activity focused on oral health and gave out toothbrushes and floss to residents. To lift the spirits of the residents, the student planned and hosted a summer party at the facility with games, arts and crafts, music, and snacks. The residents were able to participate in games such as balloon volleyball, fishing, and cornhole while socializing with each other. Throughout their time at LNR, the student intern was able to deliver happiness and create welcoming social activities for the residents to enjoy.

## Project Goals

- Create a welcoming social environment for the residents
- Promote physical wellness through exercise and activities
- Improve mental health of residents through interaction and social activities
- Educate residents on dental hygiene and oral health
- Advocate for creativity and self expression through arts and crafts
- Improve residents' mindset and create a more positive outlook for them

## Personal Statement

"I gained so much knowledge and experience throughout the time I spent at LECOM Nursing & Rehab. Most notably, I have learned about the geriatric population, the diseases and conditions that affect them, and how to communicate with them effectively and empathetically. I have such a better understanding of nursing homes and how they operate. With that, I have also come to realize the vast diversity in the population that is taken care of within nursing homes, whether they be there for short term rehabilitation or long-term skilled nursing care. Overall, I am absolutely grateful for the experience that I got to have during my time at LNR and the positivity and joy that I was able to bring to the residents during my time there." – Rachel Leone

## Acknowledgements

I would like to thank both of my preceptors, Dr. Cole-Jeffrey and Jeffrey Glass, for guiding me through my internship experience. I would also like to thank my program directors, Dr. Leah Labranche and Dr. Noelle Thielman for answering any questions that I had. Lastly, I would like to thank the activity director at LNR, Meghan Baker, for helping me host my summer party and making this experience possible.