



Meals & Memories: Community Resources and Engagement for Children and Families

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COMMUNITY PARTNER

Since 1875, St. Christopher's Hospital for Children's has become a leader in pediatric care and has developed nationally recognized programs and pediatric specialists that provide care to children throughout the Philadelphia area and around the world. The mission of St. Christopher's Hospital for Children is to provide quality pediatric services in a caring, progressive environment. Additionally, the Children's Advocacy Project of Philadelphia, CAP4Kids, developed by Dr. Daniel Taylor, connects healthcare workers, social workers, child advocates, and families to community resources to address the social influences of health. The website contains a variety of resources ranging from after school programs and financial assistance to legal help, etc., which all aim to decrease barriers in achieving healthy outcomes.

Website: www.CAP4Kids.org

ACCOMPLISHMENTS/ CHALLENGES/ JOYS

- Over 3,500 meal kits and quarts of milk distributed to children and teenagers
- Approximately 115 QR codes created for streamlined access to the CAP4Kids website
- Created fliers with QR codes that direct families to low cost dental care and gym memberships/summer camps to increase oral and cardiovascular
- Over 300 organizations reviewed or contacted for verification of accuracy on the CAP4Kids website
- 1000 meal kits and quarts of milk distributed at the "St. Christopher's Back to School Carnival"

BACKGROUND/CONTEXT

1875: St. Christopher's Hospital for children was founded by Dr. William Bennet as a charitable ambulatory pediatric clinic

1890: Main hospital is completed raising number of bed to 43

1970-72: First hospital in the U.S. to establish tracheotomy unit for infants & children, and in 72' the first pediatric kidney transplant in the Delaware valley

2005: Children's Advocacy Project (CAP4Kids) community resource website is developed

2014: The Center for the Urban Child walk-in clinic opens which increases preventative care

TEAM'S EXPERIENCE

The Bridging the Gaps student intern helped manage the St. Christopher's site of the Nutritional Development Services (NDS) Summer meals program and distributed summer meals to children every weekday. The intern was able to collaborate with other St. Christopher's employees and Bridging the Gaps interns to facilitate meal distribution everyday. Additionally, the intern collaborated with website creator Dr. Daniel Taylor, to create organizational and accessibility tools for the CAP4Kids website. This included contacting community resources for website verification and creating over 100 QR codes to help enable site resources to be streamlined and easily accessible for all users.



Low Cost Healthcare/ Insurance

Scan with your camera app to view these resources & more on Cap4Kids.org

Adult Healthcare



Children's Healthcare



Low cost medications



REFLECTION

Spending my summer as a Bridging the Gaps intern at St. Christopher's has been one of the highlights I have experienced so far as a medical student. Having the opportunity to be a welcoming face to families as they enter the hospital and alleviate a small stressor such as one meal of the day really helped me feel integrated into the Philadelphia community. Additionally, working on the CAP4Kids website really helped to highlight some of the wonderful resources and programs that can be available to families throughout Philadelphia. It also highlighted that although these resources exist, accessibility and allocation of them can still pose issues for struggling families. Thankfully, with websites like CAP4Kids, I believe we can continue to advocate and reach more families in need as more people become aware of the resources that are available. As I continue in my medical career the resources and community partners I became aware of through the CAP4Kids website, will help me be able to better connect my patients to their areas of need.