

# Harm Reduction for The Camden Community

## Student Intern:

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## Academic Preceptors:

*Anthony L. Rostain, MD, MA, Cooper University Health Care*

*Behjath Jafry, MD, Cooper University Health Care*

## Community Preceptor:

*Martha Chavis, CEO/President of Camden Area Health Education Center*

### CAMDEN AREA HEALTH EDUCATION CENTER

- ❖ Nonprofit organization located in Camden, NJ.
- ❖ Mission is to improve the health of the community through education, advocacy, and partnerships.



Camden AHEC

- ❖ HIV Prevention and Counseling and Testing services through its mobile health van to residents in Southern New Jersey.



- ❖ Target populations for these services have included African-American and Latino-American men and women engaged in high high-risk behavior for HIV/AIDS, young men who have sex with men (YMSM), intravenous drug users and people living with HIV/AIDS.

### SYRINGE ACCESS PROGRAM

- ❖ Mobile needle exchange site on Ephraim Avenue in Camden, NJ.



- ❖ Clients are matched with the number of used needles they bring in and receive additional 20 needles.
- ❖ **Example:** Client who brings in 100 used needles will get 120 new needles as well as a works bag of supplies for safe drug use practice.

### Summary of Services:

- ❖ Sterile needles
- ❖ Harm reduction education
- ❖ Narcan education & distribution
- ❖ Condom distribution
- ❖ HIV counseling & testing
- ❖ Wound care

### REFLECTION

“I have a great appreciation for what the staff at AHEC does for our communities in Southern New Jersey. By working directly with the clients at the Syringe Access Program (SAP) I gained a better understanding of the barriers and needs of individuals who suffer from drug addiction. My time at AHEC also gave me an insight on how a nonprofit organization operates. As a result, I am equipped with knowledge that has made me more aware of the needs of my community and that will help me better support patients as a future physician.”

-- Lubna Begum